

## **Unplanned Pregnancy 1-888-4-Baby Due**

Are you experiencing an unplanned or crisis pregnancy, or do you know of someone who is? Are you confused? Scared? Unsure about what to do?

Catholic Services of Macomb has provided confidential pregnancy counseling services to women and men in your situation for over 50 years. Our experienced staff is very familiar with all of the questions, thoughts and feelings that you or someone you care about might be experiencing. Let us provide you with support and information so that you can know your options and be able to make informed decisions. There **are** options and resources available. You don't have to face your pregnancy alone.

Catholic Services of Macomb provides confidential services, **free of charge** for women and men of any background or religion who are experiencing an unplanned or crisis pregnancy. Services provided include:

- Individual, couples and family counseling
- Assistance in making the best possible plan for you and your baby
- Information on options for parenting and adoption
- Referrals for prenatal care
- Referrals for continuing education
- Referrals for financial assistance
- Assistance in obtaining health insurance if needed to cover the medical expenses associated with your pregnancy and the birth of your baby
- Support in developing parenting skills and a relationship with your infant if you choose to parent

If you choose to develop an adoption plan for your baby, Catholic Services of Macomb also offers the following services **free of charge**:

- Counseling for birth mother and family
- Counseling for birth father and family
- Opportunity for you to choose the adoptive family from a number of families who have been approved and are waiting to adopt a child
- Facilitating a meeting or meetings with the adoptive family, if you choose
- Assistance in determining the level of openness you want to have with your baby after adoption
- Assistance with the legal process of adoption

The experienced staff of Catholic Services of Macomb will be with you through the entire process, and continue to provide counseling and assistance after the birth of your child, whether you decide to parent your child or create an adoption plan.

Whether you are just beginning to think about your options, or are ready to make a plan for your baby, our experienced, caring staff will meet with you and provide you with information and answers to your questions.

For additional information or to schedule a confidential appointment with a Pregnancy Counselor, call toll free at **1-888-4-Baby-Due**, or call Catholic Services of Macomb at **586.416.2300**.