

## Senior Companion Program

### What is the Senior Companion Program?

The Senior Companion Program is one of three National Senior Corps programs under the Corporation for National and Community Service and Michigan Office of Services to the Aging. Catholic Services of Macomb is the local sponsor of the program in Macomb County.

### What does the Senior Companion Program do?

The Senior Companion Program pairs volunteers age 60 or older with other adults who may be homebound or isolated and in need of support. The primary purpose of the program is to provide dependent adults with companionship and non-medical assistance in maintaining their independence.

Senior companions provide friendship and companionship; assist clients with grocery shopping and other errands; assist with or provide transportation to medical appointments; and may provide respite care to relieve a primary caregiver for a few hours. Senior Companions do not provide hands-on, personal care.

Services are provided at no cost to the client, although donations are always welcome.

### Who can be a Senior Companion?

To become a senior companions, a person must:

- be age 60 or older
- meet income eligibility guidelines
- serve a minimum of 15 hours per week
- participate in pre-service orientation and monthly in-service sessions

### What do Senior Companions receive?

In exchange for their service, senior companions receive:

- a modest, hourly, tax-free stipend
- reimbursement for transportation
- reimbursement for meals during service, as appropriate
- an annual physical examination
- excess accident and liability insurance coverage while on duty

### Community Partnerships

Community organizations that address the health needs of older adults - such as home health care agencies, hospice programs, and centers on aging - are welcome and encouraged to apply to serve as a volunteer station for the Senior Companion Program.

For additional information, or to become a Senior Companion,  
click on the [Contact Us](#) link at the top of this page;  
call the **Senior Companion Program of Macomb at 1.586.756.1435**  
or email [scp@csmacomb.org](mailto:scp@csmacomb.org)