

**Catholic Services of Macomb
Parish Bulletin Articles
With Word Counts**

Counseling Available

You can't avoid problems in life. But you don't have to face those problems alone. Let the experienced staff at Catholic Services of Macomb (CSM) assist you in coping with the changes and challenges of life. CSM has provided counseling and support services to individuals and families of all ages since 1957, and is accredited by the Joint Commission on Accreditation of Healthcare Organizations; the highest standard of quality. Catholic Services has three convenient locations. For additional information, call 586.416.2300, or visit their web site: www.csmacomb.org. **(86)**

Project Hope

Are you pregnant? Concerned about the future? There is hope. Project Hope is a crisis pregnancy program sponsored by Catholic Services of Macomb that provides a wide variety of services for expectant and new moms. CSM has provided behavioral health and support services to individuals and families of all ages since 1957, and is accredited by the Joint Commission on Accreditation of Healthcare Organizations. Let the caring and professional staff of Project Hope assist you and your little one. For additional information, call 586.416.2300, or visit the agency web site: www.csmacomb.org. **(91)**

Share the Care

Caring for an aging family member? Need a break? A Friend's House Adult Day Services provides supervised, daytime care and social activities for adults who cannot or should not be left alone during the day. Sponsored by Catholic Services of Macomb, A Friend's House specializes in caring for those with memory loss. For additional information, call A Friend's House-Clinton Township at 586-412-8494, or A Friend's House-Warren at 586.759.8700, or visit the agency web site: www.csmacomb.org. **(75)**

Women's Options Group

Unhealthy or abusive relationships can begin at any age. Women's Options is a support group in Clinton Township for women from 25 to 60 years of age. The group helps women to identify and understand the "red flags" of unhealthy relationships; to develop the ability to set boundaries; and to develop a sense of healthy independence. For information, call Catholic Services of Macomb at 586.416.2300, or visit their web site: www.csmacomb.org. **(71)**

Alzheimer's Support Group

Are you caring for a loved one with memory loss due to Alzheimer's disease or other dementia? Attend the monthly Alzheimer's support group sponsored by Catholic Services of Macomb and the Greater Michigan Chapter of the Alzheimer's Association:

When: Third Monday of every month
Time: 1:00 to 3:00 PM
Where: 15945 Canal (between Garfield and Hayes)
Clinton Township, MI

On-site respite services are available at A Friend's House Adult Day Services, for a small fee. Pre-registration is required. For additional information or to register, call A Friend's House at 586.412.8484, or visit the agency web site: www.csmacomb.org. (97)

Caregivers Support Group

Are you struggling with the care needs of an aging family member? Catholic Services of Macomb offers a monthly support group for caregivers.

When: Fourth Wednesday of every month
Time: 1:00 to 3:00 PM
Where: A Friend's House Adult Day Services
26238 Ryan (on the grounds of St. Cletus Church, south of I-696)
Warren, MI

On-site respite services are available for a small fee. Pre-registration is required. For additional information or to register, call A Friend's House at 586.759.8700, or visit the agency web site: www.csmacomb.org. (86)

Share Your Experience of A Lifetime

Are you age 55 or older? Looking for something to do? RSVP of Macomb is seeking volunteers interested in helping others. A variety of opportunities are available throughout Macomb County. Locally sponsored by Catholic Services of Macomb, RSVP is part of the National Senior Service Corps. Share your experience of a lifetime. Call RSVP of Macomb at 586.756.1430, or visit the agency web site: www.csmacomb.org. (65)

Support for Parents

Parenting can be a challenge in today's world. Let the experienced staff at Catholic Services of Macomb assist you in developing healthier family relationships and a happier family life. CSM has provided support services for individuals and families since 1957, and is accredited by the Joint Commission on Accreditation of Healthcare Organizations. For information or an appointment, call 586.416.2300, or visit their web site: www.csmacomb.org. **(65)**

Senior Companions Needed

Are you age 60 or older? A resident of Macomb County? Living on a fixed income? Interested in helping others? The Senior Companion Program of Macomb is looking for volunteers to provide non-medical support and companionship to others. Must be willing to volunteer a minimum of 15 hours per week. Those who meet income eligibility guidelines can earn a tax-free stipend of up to \$318 per month. This is a program sponsored by Catholic Services of Macomb. For information, call 586.756.1435, or visit the agency web site at www.csmacomb.org. **(89)**