

Alternatives to Domestic Aggression

Alternatives to Domestic Aggression is a treatment program designed to end violence and other forms of aggression used to control others.

The philosophy of the ADA program includes:

- anger is a part of life, but violence is never justified
- abusiveness is a learned behavior
- substance abuse contributes to, but is not the cause of violence
- unless addressed, aggressive behavior will increase in severity and frequency.

The Alternatives to Domestic Aggression program provides

- individual counseling for men, women, adolescents and children
- separate treatment groups for men and women
- psychiatric evaluation and medication management
- teen aggression programs, including individual counseling and group therapy
- day and evening services

**For additional information or an appointment,
call Catholic Services of Macomb
586.416.2300**